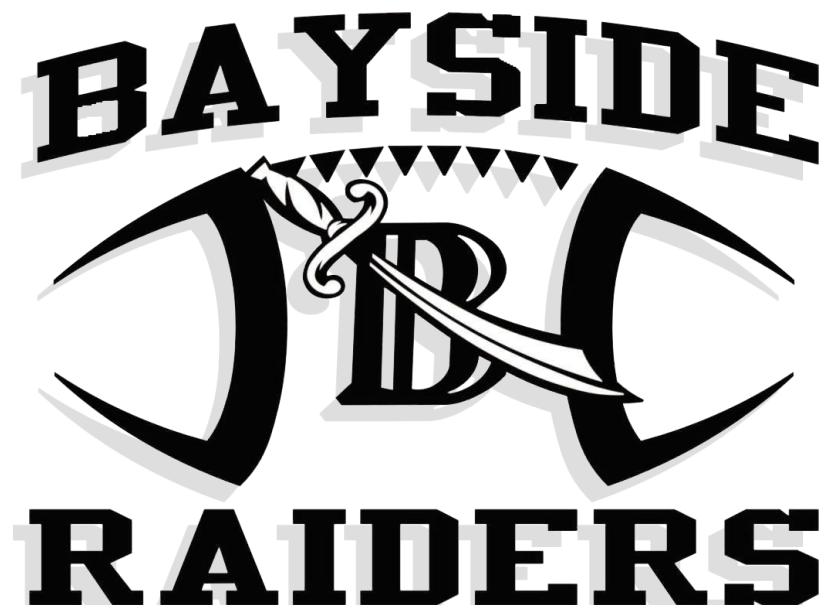


# 2011 Handbook



*Football Excellence Since 1984*



## **Celebrating 27 Years Of Football Excellence (1984-2011)**

*In 1984 the Bayside Raider Nation was born. From a small group of players and coaches, the foundation of the program was built.*

*Over the course of the past twenty seven years, thousands of young men have learned to take their first snap and make their first tackle. Many of these young men who graced the field as players have come back to coach and administer in the program. Yesterday's youth have become today's leaders.*

*Today the Bayside Raiders have teams ranging in age from 6 thru 16 years of age. Over 250 players annually call Kissena Corridor Field their home. All administrators and coaches are volunteers who donate their time and energy. Together all of us take great pride in continuing to build upon this great Raider tradition.*

*We encourage you to stop by the field during any practice or game this year. In addition, be sure to check the Bayside Raiders' web site ([www.baysideraiders.com](http://www.baysideraiders.com)) for dates on Raider Weekend and Homecoming Weekend in the fall.*

*Thank you to all who have contributed in making the Bayside Raiders, the premier Youth Football Program in New York.*

## **Welcome**

Dear Parents:

Welcome to another year of Raider Football. This year the Bayside Raiders begin their 27<sup>th</sup> consecutive year of football instruction to the youth of New York City.

If you are new to the Raider program, we hope that your first year is filled with all of the excitement and results that you have hoped for. For all returning parents, we look to continue to build on our relationship with you.

Please find listed below, reminders for all parents. We ask that you read each of them over carefully.

### **1. Parental Involvement:**

The success of the Bayside Raiders is based on the commitment of dedicated administrators, coaches and parents. Our program has been fortunate to have so many parents that are willing to get involved and give of their time to all of the children within our program.



Upon registering with the program parents will be asked to sign up for a particular committee (i.e. merchandise sales, concession stand, etc.). Many of these functions are of vital importance to our program. Fundraising is essential in helping to keep the costs of the program down.

Please take the time to review all of the different Parent Committees. There is a sign up sheet at the end of this booklet.

## **2. Punctuality for practices and games:**

It is essential that each parent do their very best to be on time with their child for practices and games. Of course at times this may not always be the case. If you know that you will be late, please contact either the Head Coach or one of the assistant coaches on your child's team.

## **3. Parental Behavior and Field Conduct:**

Over the past few years, we have all read about and watched on the news many of the unacceptable incidents that have taken place at youth sporting events as it relates to parental behavior. With that in mind it is essential that each parent understand fully the following guidelines:

- At no time are parents permitted on the field during practices or games unless a Raider Coach or administrator of the program has given prior approval. This relates to the outside practice area and the home field. During home games all spectators are asked to remain in the stands and not on the field.
- Cheer for your child's team or any Raider team. Please refrain from using abusive language towards an opposing coach, player or parent from another organization. Always be mindful of your surroundings and pay close attention to who may be in earshot.
- Although Kissena Corridor is a public field, the Bayside Raiders have to secure permits that make the Bayside Organization, it's administrators and coaches solely responsible for the activities and actions that take place during those designated times.
- Alcohol consumption is **STRICTLY PROHIBITED** on the practice field, game field and surrounding areas. Failure to comply could result in the loss of field permits for the Bayside Raider Organization and the expulsion of your child from the program.
- The Bayside Raider Organization reserves the right to terminate its relationship with any parent and or player if it deems their conduct to be **detrimental** to the Bayside Organization.
- If you have a problem that you would like to discuss with your child's coach, please take the time to see that coach either before or after practice. Coaches are always available to speak with parents to discuss any concerns that you may have.



- Please keep in mind that this is youth football. Although it is competitive and exciting, we must all understand that in the end, it is the children that play the game. Any parents that are interested in helping out (assistant coaches) should please see an administrator of the program for more details. **Be supportive of your child, their teammates and coaches!**

## Bayside Raiders & the Football Community

The Bayside Raiders are very proud of their continuing strong relationship with many of the local high school football programs and coaches. Over the years many former Bayside Raider players have gone on to play Varsity Football and at the college level.

In addition the Bayside Raiders continue to work with many prep schools offering wonderful academic and athletic opportunities to the young men within the Raider Program. Some of these schools include Salisbury in Connecticut, Kimball Union Academy and New Hampton in New Hampshire and Kents Hill in Maine.

### Raiders Organization

<b>President:</b>	Anthony Griffin	917-662-1039	peewees@baysideraiders.com
<b>Vice President:</b>	Doug Rowen	917-862-5080	
<b>Director of Football Operations:</b>	Sal Rogers	917-474-42090	
<b>Administration:</b>	Natasha Clayton	917-232-0058	admin@baysideraiders.com
<b>Website:</b>	WWW.BAYSIDERAIDERS.COM		

### Divisions and Age Groups

#### **TINY MITES TBD**

#### **PEANUTS**

Ages 6-8 110 lbs Weight Limit

**Head Coach: Sydney Wilkerson**  
**917-557-5205**

#### **JR. PEE WEES**

Ages 9-10 127 lbs Weight Limit

**Head Coach: Orlando Osorio**  
**347-393-6574**

#### **PEE WEES**

Ages 11-12 150 lbs Weight Limit

**Head Coach – Anthony Griffin**  
**917-662-1039**

#### **BANTAMS**

Ages 13-14 175 lbs Weight Limit plus

**Head Coach - Kareem Davis**  
**917-731-6798**

#### **INTERMEDIATES**

Ages 15-16 Weight is Unlimited

**Head Coach – Donald La Sala**  
**718-390-7200**

If a player would move to the next age category at anytime during that calendar year, they will be placed into that category from the beginning of the season. (i.e.: if my 12 year old is turning 13 on December 1<sup>st</sup>, 2011 he is a Bantam.



## Tips for Raider Parents

- Always have weather appropriate gear and a comfortable folding chair. You will be spending many hours at the practice field and being comfortable will allow you to enjoy the experience with your child.
- The Raiders practice in ALL weather except for lightning. Practice will only be cancelled if you receive a phone call from your coach. Be prepared! Your Head Coach will have a voicemail notification on his contact phone if there is a probability that practice will be cancelled.
- There are going to be times when your child is practicing on a muddy field and you will not want to put him in your car when he is done. You should keep a tarp in your trunk.
- Bring enough water or Gatorade for your child. Starting in June both will be available for purchase at the equipment trailer but we do sometimes run out. Please make sure that all of your empties and all trash leaves the field with you at the end of practice.
- While at the field please do not block the driveways of the residences across the street. 150<sup>th</sup> street is narrow and double parking during practices is not recommended. Cars will be towed.
- Please stay off the practice field. The coaches need to have the full attention of the players during practice. Football is a mental game and there is much for them to learn. If you feel you need to talk to your coach or child, please, wait until one of the scheduled water breaks.
- The coaches are the final arbiters of positions and playing time. All of the coaches have many years of experience and will assign positions and allocate playing time depending on what is best for the team.
- You must notify your child's head coach of any medical conditions he may have. Asthma pumps must be left with the head coach before each practice or game.
- Until equipment is issued, practice attire consists of; cleats, sweats or shorts and an athletic supporter. All shirts and pants should be grey, white or black.
- Once the players begin contact in practice their uniform will consist of; helmet, mouthpiece, shoulder pads, rib guards, practice jersey, football pants, lower pad set (hips, thighs, knees), cleats and an athletic supporter. The Raiders will supply the helmet, mouthpiece, shoulder pads and practice jersey. The pants and lower pad set are available through the Raiders. Please see Coach Doug at the equipment trailer.
- Please make sure that you fit your child's mouthpiece properly. This is probably the most important piece of equipment and fitted properly will help reduce the chances of your child sustaining a concussion.
- If you bring your players younger siblings to the practice field please be very careful, for their safety, that they do not go on or near the practice field.
- The Raider organization is committed to your child's development, not only on the football field but first and foremost in school. If your child is experiencing problems scholastically please inform his coach.



## Camp Checklist for Players

Players are not to bring any type of jewelry. NO I-Pods or electronic devices are permitted  
(The Raider Organization is not responsible for lost property)

### Standard Football Equipment:

Helmet, Chinstrap, Shoulder Pads, Lower Gear, (2) Practice Pants, (2) Practice Jersey, Mouthpiece, Athletic Supporter & Protective Cup, Cleats, T-Shirts

### Clothing & Essentials

Equipment Bag (duffle bags only, no suitcases)

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Sneakers

Towels (minimum 2)

Bed Sheet, Blanket, Pillow, Sleeping Bag

Underwear (minimum 6)

Socks (minimum 6 pair)

Pajamas / Sleepwear

Raider Sweatpants or running pants (minimum 2) \*\*

Raider Sweatshirts (minimum 2) \*\*

Raider T-Shirts (minimum 3) \*\*

Raider Shorts (minimum 2) \*\*

Toilet Articles (soap w/soap dish, deodorant, shampoo, toothbrush, toothpaste)

Flip Flops for the shower

Light Jacket

Sunscreen

Insect Repellent

Baby Powder

Hand Sanitizer

Laundry Bag

Pre-paid Calling Card (Cell Phone signals are difficult to receive at the camp location)



\*We recommend that players bring no more than \$20.00 in cash should they wish to purchase snacks and or additional drinks from the vending machines at camp.

\*\*Players should be dressed in Raider attire during camp practices.

**Prescription Medication:** Raider coaches are First Aid & CPR qualified, not doctors, we cannot prescribe any medication including aspirin. If a player takes regular medication; provide the Head-Coach with written instructions how to administer the medication along with the medication in a zip-lock bag.

**SITE:** Camp Lohikan, Lake Como PA **PHONE:** (570) 798-2707 **WEB:** [www.lohikan.com](http://www.lohikan.com)

**REMINDER** – The weather is unpredictable at camp. The mornings & evenings are usually cool requiring a light jacket or sweatshirt. There is no heating or cooling in the cabins. Player's practice 3 times per-day while at camp and will be required to change into dry clothing to eat meals in the dining facility. In the event of rain players will require multiple changes of clothing. It is strongly recommended that players attend camp with all the required equipment and clothing necessary.



## Camp Permission Slip

March, 2011

Dear Parent/Guardian:

On Friday September 2, 2011 the following Raider Teams will be traveling to Football Camp to Camp Lohikan in Pennsylvania.

- ❖ Junior Pee Wee (9-10 year old team)
- ❖ Pee Wee (11-12 year old team)
- ❖ Bantam (13-14 year old team)
- ❖ Intermediate (15-16 year old team)

We will be departing Kissena Corridor Field at approximately 12:30PM and will be returning on **Monday September 5th, 2011 approximately 4:30-5:00PM.** In order for any player to attend Football Camp, the following permission slip must be completed and signed.

I give permission to my child \_\_\_\_\_ to travel to Football Camp (Camp Lohikan, Pennsylvania) with the Raider Youth Football Organization. I hereby acknowledge that I have completed the required medical form and all necessary paperwork pertaining to the above-mentioned trip. In the event of an emergency, I give permission to the Raider Youth Football Organization to administer and seek out all necessary and required medical attention that my child may need.

Name of Parent/Guardian  
(Print) \_\_\_\_\_

Signature of  
Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_

Phone Number \_\_\_\_\_ Cell Phone \_\_\_\_\_



## RYFO Registration / Equipment Agreement

DATE: \_\_\_\_\_

SEASON: 2011

\*Player Name: \_\_\_\_\_

\*Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

\*Address: \_\_\_\_\_

Weight: \_\_\_\_\_

\_\_\_\_\_

\*Telephone: \_\_\_\_\_

\*E-Mail: \_\_\_\_\_

\*Telephone 2: \_\_\_\_\_

\*Guardian Name: \_\_\_\_\_

\*Telephone: \_\_\_\_\_

**The registration fees for the upcoming 2011 season are as follows;**

**Tiny Mites - TBD**

**Peanuts - \$300    Jr. Pee Wee - \$300    Pee Wee - \$300    Bantam - \$325    Intro - \$325**

The fee for Raiders Football Camp during Labor Day Weekend is \$225. Please remember that camp is mandatory for all players, Jr. Pee Wee and up.

NO Equipment will be issued unless all fees are paid in full. Equipment is issued during the first week of July.

**Please note that there are NO REFUNDS on any fees collected.**

**RYFO** will issue helmets, shoulder pads, a practice jersey and a game jersey for use during this season. The jerseys are the players to keep. Helmets and shoulder pads must be returned. To insure prompt return of the equipment we ask you to sign a personal guarantee.

I \* \_\_\_\_\_ personally guarantee the return of equipment issued to  
Parent or Guardian (Please Print)

\* \_\_\_\_\_ I will return equipment to RYF at the place of issuance  
Player Name (Please Print)

by the end of the season. If I have not returned or made arrangements for the return I agree to pay replacement cost of four hundred dollars (\$400.00) to RYFO.

\*Required



## 2011 RYFO Parent Consent Form

Player: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Division/Team: \_\_\_\_\_ Season: 2011

### Parent or Guardian Authorization:

I the parent or guardian of the named child hereby gives approval to his participation in all activities. I waive and agree to hold harmless the Raider Youth Football, Inc and its representatives for any claims arising from injury of my child resulting from any cause, except to the extent and in the amount covered by insurance.

In the event of injury, I hereby give permission to Raider Youth Football Organization and its representatives to secure medical attention for my child.

### In case of emergency contact:

\_\_\_\_\_  
Name Phone Relation

\_\_\_\_\_  
Name Phone Relation

\_\_\_\_\_  
Name Phone Relation

Mr./Mrs./Ms. \_\_\_\_\_ Date: \_\_\_\_\_  
(Authorized Parent/Guardian Signature)



## 2011 RYF Medical Release Agreement

Player Name: \_\_\_\_\_ Division: \_\_\_\_\_

*Physician Release Form: (Please affix official stamp or label from physician)*

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Hospital Preference: \_\_\_\_\_ Phone: \_\_\_\_\_

List allergies/medical problems / medication / restrictions

<u>Diagnosis/Restrictions</u>	<u>Medication</u>	<u>Dosage</u>	<u>Frequency</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

I have examined the player mentioned herein, reviewed his/her health history and it is my opinion that he/she is physically able to practice and play football except as noted.

\_\_\_\_\_  
Physician Name (Please Print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



## Parental Involvement

The success of the Bayside Raiders is based on the commitment of dedicated administrators, coaches and parents. Our program has been fortunate to have so many parents that are willing to get involved and give of their time to all of the children within our program.

Upon registering with the program parents will be asked to sign up for a particular committee (i.e. merchandise sales, concession stand, etc.) Many of these functions are of vital important to our program. Fundraising is essential in helping to keep the costs of the program down.

We need parents to volunteer for various activities during our season. Please choose which activity you would like to help with.

\_\_\_ Event Assistance

\_\_\_ Concession Stand

\_\_\_ Filming

\_\_\_ Merchandise Sale

\_\_\_ Recruiting

\_\_\_ Field Prep

\_\_\_ Inventory Control

\_\_\_ Team Mom

\_\_\_ Assistant Coach

\_\_\_ Team Secretary

**Your support is instrumental in the success of our program.**

**Please do what you can.**

Player: \_\_\_\_\_ Division: \_\_\_\_\_

Parent: \_\_\_\_\_ Phone #: \_\_\_\_\_

